

2022 Activities Schedule

JANUARY

*Informal social activities w/ coffee 10-11:30, meals begin being served at 11:30

**Registration required

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	9:30-11 Board Games 10-11 Crafts w/ Carly 10:30 Walking Group Lunch*	9-10 TV Time 10-11 Cell Phones w/ Carly Lunch*	10:30 Exercise** 12:15 Bingo Lunch*	Lunch*	10:30 Exercise** 12:15 Movie: Mamma Mia Lunch*	
9	10	11	12	13	14	15
	9:30-11 Board Games 10-11 Crafts w/ Carly 10:30 Walking Group Lunch*	10-11 Power Hour w/ Preschoolers 10-11 Cell Phones w/ Carly Lunch*	10:30 Exercise** 12:15 Bingo 12:30 Book Club** Lunch*	10-11 Power Hour w/ Preschoolers 12:30 Painting Class** 12:30 Strength and Balance** Lunch*	10:30 Exercise** Lunch*	
16	17	18	19	20	21	22
	Closed -- Martin Luther King Jr. Day	10-11 Power Hour w/ Preschoolers 10-11 Cell Phones w/ Carly Lunch*	10:30 Exercise** 12:15 Bingo Lunch*	10-11 Power Hour w/ Preschoolers 12:30-1:30 Trip Club Meeting Lunch*	10:30 Exercise** 12:15 Movie Lunch*	
23	24	25	26	27	28	29
	9:30-11 Board Games 10-11 Crafts w/ Carly 10:30 Walking Group Lunch*	9-10 TV Time 10-11 PowerHour w/ Preschoolers 10-11 Pizza w/ Patrick Lunch*	10:30 Exercise** 12:15 Bingo Lunch*	10-11 Power Hour w/ Preschoolers 12:30 Strength and Balance** Lunch*	10:30 Exercise** Lunch*	
30	31					
	9:30-11 Board Games 10-11 Crafts w/ Carly 10:30 Walking Group Lunch*					

2022 Volunteer Schedule

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	10-1 Judy Oles 10-1 Jim Northridge 10-12 Joanne Sorel	10-1 Glenn Clark 10-1 Patrick Brennan	10-1 Paul Desautels 10-12 Pat Daviav 11:45-1 Transitions	10-1 Judy Oles 10-1 Peggy Purdon 10-1 Richard & Ann Hougasian	10-2 Gloria Marion 10-2 Lauren Fields	
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