

We provide you with the knowledge, experience and encouragement to be assertive when faced with obstacles to your independent living goals.

All people should be able to make decisions affecting their own lives.

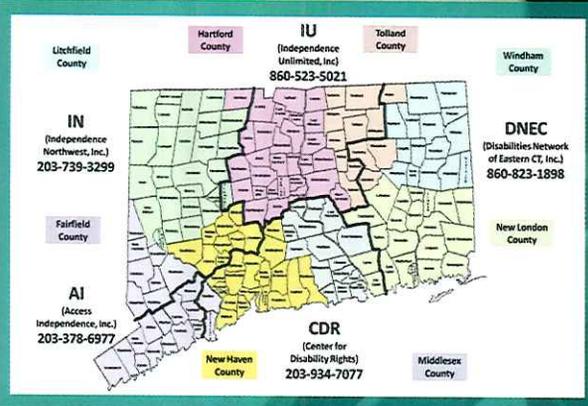
Disabilities Network of Eastern Connecticut, Inc

19 Ohio Avenue  
Norwich, CT 06360

The Disabilities Network of Eastern Connecticut is a consumer- controlled 501 (c)(3) non-profit agency.



DNEC SERVICES



Major funding for DNEC is provided by the U.S. Dept. of Health and Human Services, Independent Living Administration, CT Department of Rehabilitation Services, Private Grants, Fee for Service and Individual Donations. See our website to volunteer, to give back, and to donate. Thank you.

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Dedicated to supporting YOUR rights.

Working to empower YOU to make choices.

Advocating for change that helps YOU become included in your community.

## Eligibility

Our services are available to anyone with a physical, mental, or other disability, regardless of age or other factors.

## Independent Living Center

An Independent Living Center is an agency that helps those with disabilities have an independent life no matter what their living situation or disability. Independent Living Centers offer:

Information and Referral,  
Independent Living Skills Training, Peer Support, Advocacy and Transitions

Other services include blind, low vision, deaf, and hard of hearing services, vocational support, assistive equipment and income tax preparation and referral.

## Information and Referral

If you need help making informed choices regarding accessible housing, accessible transportation, employment resources, or state and federal benefits, we will provide the information you need to live as

independently as you wish, or refer you to a resource better suited for your needs.

## Independent Living Skills Training

If you want to increase your independence we can refer you to agencies that provide assistance with Financial Management, Cooking & Housekeeping, Using Public Transportation and Social Skills.

## Peer Support

Through peer mentoring you can share your experiences and learn to:

Adjust to a newly acquired disability, adjust to changes in living arrangements, use community services and manage encountering discrimination. Group sharing builds advocacy skills and community.

## Individual Advocacy

We support your right to be seen and heard. Our staff will assist you to advocate your point of view in issues of:

Obtaining Benefits, Social Services, Access to Public Facilities, Employment, Education, Communication, and Housing.

## Transition Services

We will provide support while you transition from one situation to another. This includes moving from a facility to the community, education, employment or other life changes.

## Disability Rights and Empowerment

We can help answer your questions about your rights and issues such as:

*Protection from employment discrimination, accommodations for job applicants and employees, changes to existing facilities to make communities more accessible, and services and programs required to accommodate persons with disabilities.*

## Community Awareness

DNEC believes that the change starts with the individual, but the support of the community is what makes inclusion possible. We are dedicated to educating the public. Our staff is available to present awareness programs to the public, community groups and schools systems.

